

Pool schedules are provided to help members be informed of scheduled class/activity times. Schedule will be updated when swim class/activity schedules change.

During all Aqua classes the pool is closed to non-participants. Members are welcome to utilize the other pool. Lap pool maybe closed to non-participants for specialty classes.

In the lap pool when lane usage is high, members must allow for other members to use the lane. Two members are able to split a lane. Three or more members circle swimming is required. Please pick a lane with swimmers that are closes to your swim speed and style. Pass safely and communicate.



Center Hours

Mon-Thurs 5:00 am– 8:00pm
Friday 5:00 am-7:00 pm
Saturday 7:00 am- 1:00 pm
Sunday 7:00 am– 1:00 pm

Kids in Motion Hours

Closed

Therapy/Lap Pool Schedule



CHELSEA
WELLNESS
CENTER

Last Updated: Nov 7, 2021

Chelsea Wellness Center
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Chelsea, MI 48118

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<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Warm Therapy Pool						
	8:30-11:00 am Physical Therapy (Open)		8:30-10:30 am Physical Therapy (Open)		8:30-10:30 am Children Swim are more likely to occur (Open)	8:00-9:30 am Children Swim are more likely to occur (Open)
10:00-11:00 am MyFitRx –Supervision (Open)		10:00-11:00 am MyFitRx –Supervision (Open)	10:30-11:30 am Aqua Zen Class (9 participant Max)			
12:45-1:45 pm Aquacize w/ Arthritis Class (9 participant Max) Registration required		12:00-1:00 pm Aquacize w/ Arthritis Class (9 participant Max) Registration required		12:45-1:45 pm Aquacize w/ Arthritis Class (9 participant Max) Registration required		
					<ul style="list-style-type: none"> Swim classes/Specialty class requires fees & registration Swim times in shown in Purple are times with children present & registration Required. One on One children swim times are not required to be listed. Therapy Pool Classes are Closed to non- participants 	
3:30-4:00pm Water Babies 4:00-4:30 pm Preschool Swim (10/11-11/29, Open)			4:00-7:00 pm Children Swim are more likely to occur (Open)			
Lap Pool						
		10:45 – 11:45 am *Aqua Zumba Class		9:45 – 10:45 am **Aqua Power Class	8:30-10:30 am Children Swim are more likely to occur (Open)	
					10:45 – 11:45 am **Aqua Power Class	
		5:30 – 6:30 pm *Aqua Power Class				