

Pool schedules are provided to help members be informed of scheduled class/activity times. Schedule will be updated when swim class/activity schedules change.

During all Aqua classes the pool is closed to non-participants. Members are welcome to utilize the other pool. Lap pool maybe closed to non-participants for specialty classes.

In the lap pool when lane usage is high, members must allow for other members to use the lane. Two members are able to split a lane. Three or more members circle swimming is required. Please pick a lane with swimmers that are closes to your swim speed and style. Pass safely and communicate.



### Center Hours

Mon-Thurs 5:00 am– 8:00pm

Friday 5:00 am -7:00 pm

Saturday 7:00 am- 1:00 pm

Sunday 7:00 am– 1:00 pm

### Kids in Motion Hours

Closed

### Pool Capacity

Therapy Pool Classes: 12

Lap Pool Classes: 20

## Therapy/Lap Pool Schedule



CHELSEA  
WELLNESS  
CENTER

Last Updated: April 28, 2022

Chelsea Wellness Center  
14800 E Old US 12  
Chelsea, MI 48118

Phone: 734-214-0220  
Fax: 734-214-0249  
[www.chelseawellness.org](http://www.chelseawellness.org)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
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**Warm Therapy Pool**

	8:30-11:00 am Physical Therapy (Open)		8:30-10:30 am Physical Therapy (Open)		8:00-9:30 am <b>Children Swim are more likely to occur</b> (Open)	
10:30-11:30 am <i>*Aqua Zen Class</i>	11:00-12:00 am <i>MyFitRx –Supervision</i> (Open)		11:00-12:00 am <i>MyFitRx –Supervision</i> (Open)			
12:45-1:45 pm <i>*Aquacize w/ Arthritis Class</i>		12:00-1:00 pm <i>Aquacize w/ Arthritis Class</i>		12:45-1:45 pm <i>Aquacize w/ Arthritis Class</i>		
3:30-4:00pm <i>Water Babies</i> (Ends May 9th)						

- **Swim classes/Specialty class** requires fees & registration
- Swim times in shown in **Purple** are times with **children** present & registration Required. One on One children swim times are not required to be listed.
- **Classes are Closed** to non- participants
- Pool time is limited to 30 min if someone is waiting

**Lap Pool**

		10:45 – 11:45 am <i>*Aqua Zumba Class</i>		9:45 – 10:30 am <i>**Aqua Power Class</i> (Ends May 6th)	8:30-10:00 am <b>Children Swim are more likely to occur</b> (Open)	
					10:45 – 11:45 am <i>**Aqua Power Class</i>	
		5:30 – 6:30 pm <i>*Aqua Power Class</i>				