

Pool schedules are provided to help members be informed of scheduled class/activity times. Schedule will be updated when swim class/activity schedules change.

During all Aqua classes the pool is closed to non-participants. As a courtesy, we ask that non-participants exit the pool 5 minutes before class starts.

Members are welcome to utilize the other pool. Lap pool may be closed to non-participants for specialty classes.

In the lap pool, when lane usage is high, members must allow for other members to use the lane. Two members are able to split a lane. Three or more members are required to circle swim. Please pick a lane with swimmers that are closest to your swim speed and style. Pass safely and communicate.



Center Hours

Mon-Thurs 5:00 am– 8:00 pm
Friday 5:00 am– 7:00 pm
Saturday 7:00 am– 3:00 pm
Sunday 7:00 am– 3:00 pm

Kids in Motion Hours

Mon, Wed, Fri, Sat 8:00am-12:30pm
Tues, Thurs 4:00pm-7:30pm

Pool Capacity

Therapy Pool Classes: 12
Lap Pool Classes: 33 (11 per lane)

Therapy/Lap Pool Schedule



**CHELSEA
WELLNESS
CENTER**

Effective May 1, 2023
Updated April 18, 2023

Chelsea Wellness Center
14800 E Old US 12
Chelsea, MI 48118

Phone: 734-214-0220
Fax: 734-214-0249
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<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Warm Therapy Pool						
	All Day Private Swim Lessons likely to occur (Pool Open)		All Day Private Swim Lessons likely to occur (Pool Open)	All Day Private Swim Lessons likely to occur (Pool Open)	11:30 - 1:30pm Water Babies, Learn to Swim Level 1 & 2 (Pool Open)	All Day Private Swim Lessons likely to occur (Pool Open)
10:30-11:30 am *Aqua Zen Class	11:00-12:00 am MyFitRx – Supervision (Open)	10:45 – 11:45 am Splash Dance	11:00-12:00 am MyFitRx – Supervision (Open)		<ul style="list-style-type: none"> Swim/Specialty classes require fees & registration Classes are Closed to non-participants. As a courtesy, we ask that non-participants exit the pool 5 minutes before class starts. Swim times in shown in Purple are times with children present & registration required. One on One children swim times are not required to be listed. Pool use time is limited to 30 min if someone is waiting. 	
12:30 pm-1:30 pm *Aquacize w/ Arthritis Class		12:00-1:00 pm Aquacize w/ Arthritis Class		12:30-1:30 pm Splash Dance		
	4:00-5:15 pm Learn to Swim Level 1 & 2 (Pool Open)		4:00 - 6:00pm Water Babies, Learn to Swim Level 1 & 2 (Pool Open)			
			Lap Pool			
	All Day Private Swim Lessons likely to occur (Pool Open)		All Day Private Swim Lessons likely to occur (Pool Open)			
	10:45 – 11:45 am **Aqua Blast		10:45 – 11:45 am **Aqua Blast	10:45 – 11:45 am **Aqua Blast	10:45 – 11:45 am **Aqua Power	All Day Private Swim Lessons likely to occur (Pool Open)
					1:45-2:15 pm Learn to Swim Level 3 (Lane 1 & 2 re- served)	
	5:30-6:45 pm Learn to Swim Level 3 & 4 (Lane 1 & 2 re- served)		6:15-7:00 pm Adult Fitness Swim (Lane 1 & 2 re- served)			