

Warm Pool Availability - Effective April 1, 2024

Last Updated: 4/3/2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 -7:30am							
8:00 AM							
9:00 AM							
10:00 AM				9:30-10:35am *Aqua Yoga			
11:00 AM	10:30-11:30am *Aqua Zen	11:00-12:00pm MyFitRx Supervision	10:45-11:45am *Splash Dance	11:00-12:00pm MyFitRx Supervision		10:00-12:00 pm Learn to Swim 3/5 -4/23	
12:00 PM			11:45-12:45pm *Aquacise w/ Arthritis			Swim Instruction Possible	
1:00 PM	12:30-1:30pm *Splash Dance						12:30-2:15pm Family Swim 1st Sunday of the month
2:00 PM							
3:00 PM					Swim Instruction Possible:		
4:00 PM		4:00-5:10 pm Learn to Swim 3/5 -4/23		4:00-6:30 pm Learn to Swim 3/5 -4/23			
5:00 PM						Pool Closes 4:50 pm	
6:00 PM							
7-8:50 PM							
Pool Closes at 8:50 pm					Pool Closes 7:50 pm		



- Lane open
- Aqua classes:
Pool closed to non-participants
- Learn to Swim Lessons
Next sessions: 3/5 - 4/23
5/7 - 6/29
7/9 - 8/31
- Family Swim
- Swim Instructions Sessions:
These can occur at anytime, Commonly
schedule time are indicated.
(Check with Front Desk for schedule)
- Specialty Classes