

# Warm Pool Availability - Effective May 15, 2024

Last Updated: 4/3/2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 -7:30am							
8:00 AM							
9:00 AM							
10:00 AM				9:30-10:35am *Aqua Yoga			
11:00 AM	10:30-11:30am *Aqua Zen	11:00-12:00pm MyFitRx Supervision	10:45-11:45am *Splash Dance	11:00-12:00pm MyFitRx Supervision			
12:00 PM			11:45-12:45pm *Aquacise w/ Arthritis			Private Swim Instruction Possible	
1:00 PM	12:30-1:30pm *Splash Dance					1:30-2:40 pm Learn to Swim (See below for dates)	Family swim is on summer break! See you again on September 8th.
2:00 PM							
3:00 PM					Private Swim Instruction Possible		
4:00 PM		4:00-5:10 pm Learn to Swim (See below for dates)	4:00-6:30 pm Learn to Swim (See below for dates)	4:00-6:30 pm Learn to Swim (See below for dates)			
5:00 PM						Pool Closes 4:50 pm	
6:00 PM							
7-8:50 PM							
Pool Closes at 8:50 pm					Pool Closes 7:50 pm		



Lane open

Family Swim

Specialty Classes

Aqua classes:  
Pool closed to non-participants

Swim Instructions Sessions:  
These can occur at anytime, Commonly  
schedule time are indicated.  
(Check with Front Desk for schedule)

Learn to Swim Lessons

Next sessions: 5/7 - 6/29  
7/9 - 8/31